## Abstract of the Disclosure

A method of producing a lordosis support (12) with a supporting element (22) of plastic of adjustable curvature at rods (18) of a lattice mat (10), formed by longitudinal and transverse rods (14, 16, 18), wherein the rods (14, 16, 18) are introduced into an injection mold (42, 44) for the supporting element (22) and, during the injection molding of the supporting element (22), are embedded in the latter.

(Fig. 1)